

MRes Sport and Exercise Science



Programme Overview

Our Sport and Exercise Science (MRes) syllabus is formulated to foster independent, problemsolving individuals who are critical, analytical and resilient to the challenges of the research and applied environment.

It will provide students with a comprehensive experience of the research domain whilst developing specific technical competencies and applied skills in the core disciplines of biomechanics, physiology and psychology (including motor control).

Why choose Liverpool Hope?

- Top rated teaching by internationally recognised researchers and applied practitioners.
- State-of-the-art facilities and equipment.
- A unique campus experience and learning environment.

Key Information

Award: MRes Sport and Exercise Science

Study Mode: Full-time.

Duration: 12 months.

Intake: October

Entry Criteria: Upper-second class BSc degree in a relevant subject area, such as Sports & Exercise Science, Nutrition, or similar. Applications may still be considered from those who do not have a relevant qualification. For students whose first language is not English there is a language requirement of IELTS 6.5 overall (reading 6.0, writing 6.0).

Fees and Funding: For tuition fee information, please go to the Student Finance pages at www.hope.ac.uk/postgraduate/feesandfunding

School: School of Health Sciences.

Contact Details:

Student Recruitment,
enquiry@hope.ac.uk

Disclaimer: Information is correct at time of print, however programme details can change.



**LIVERPOOL
HOPE
UNIVERSITY**

CONTACT

T: +44 (0)151 291 3111

E: enquiry@hope.ac.uk

www.hope.ac.uk

Curriculum

This programme will consist of a mix of an independent research project and directed taught components covering research skills and knowledge alongside personal and professional development. The course will provide the foundation knowledge and skills to develop and carry out your independent project.

This project can be in a topic area of your choosing in consultation with staff members, or alternatively you may apply to undertake a predefined project outlined by specific staff members.

The programme covers areas of study within the following subjects:

- Biomechanics
- Physiology
- Psychology

Teaching and Research

We have a dynamic and experienced teaching team, which encompasses a diverse range of expertise in both research and applied fields, and is dedicated to enhancing the student experience. Through this programme you will develop both research and applied, practical skills, becoming

competent in a number of relevant techniques for your chosen areas of interest. Alongside the development of theoretical knowledge and practical skills, you will learn how to disseminate information in a range of formats and develop your ability to form cohesive arguments through critiquing evidence.

There is a strong and vibrant research environment present within the Health Science department, with members publishing their research in internationally recognised journals.

This was reflected in the 2014 Research Excellence Framework, with the Sport team achieving 2nd in the North-West for research intensity. A key component of the programme will enable you to undertake major research project, supervised by an expert in their field, with the aim of publishing this work in an internationally recognised journal.

Future Career Opportunities

This programme will prepare students for a wide array of careers in the diverse and expanding field of Sport and Exercise Science. The course will form an excellent basis to further develop practical research and applied practice skills in a chosen area of study. This will enable progression on to further academic research study or teaching as well as the opportunity to move in to a wide array of employment positions across the Sport and Exercise Science domain, including professional sports and agencies, local authorities and health providers.

